# Who is Served by the KY-Moms MATR Program? A Snapshot of Pregnant Clients at Baseline

The KY-Moms MATR case management program is part of the Governor's Office of Early Childhood's Kentucky Invests in Developing Success NOW (KIDS NOW) and is administered by the Division of Behavioral Health in the Department for Behavioral Health, Developmental and Intellectual Disabilities; KY-Moms MATR (502) 564-4456/ (800) 374-9146

his fact sheet summarizes characteristics reported by 177 pregnant women in the KY-Moms MATR program who completed an baseline assessment between June 2016 and December 2017.

**RACE** 

**AGE** 

**MARITAL STATUS** 

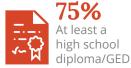
**EDUCATION** 

**EMPLOYMENT** 















# **PREGNANCY UNPLANNED**



## **PRENATAL DOCTOR VISITS**



### **PLAN TO BREASTFEED**



#### **PREGNANT PREVIOUSLY**



74% previously pregnant

# **Risk Factors at Baseline**

#### SUBSTANCE USE 6 MONTHS BEFORE PREGNANCY





Alcohol use



Cigarette

average age client had first drink (other than a few sips)

average age client used illegal drugs

#### **ADVERSE CHILDHOOD EXPERIENCES (ACE)**

17% None

28%

1 - 3 ACEs

4 - 6 ACEs

21% 7 - 9 ACEs 10 ACEs

#### MENTAL HEALTH 6 MONTHS BEFORE **PREGNANCY**



Met study criteria for depression



Met study criteria for anxiety

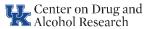


31% Met study criteria for co-morbid depression & anxiety

### **INTIMATE PARTNER VIOLENCE 6** MONTHS BEFORE PREGNANCY



Reported any type of intimate partner violence



Report prepared by the University of Kentucky Center on Drug and Alcohol Research. Findings from the full report can be downloaded from: cdar.uky.edu/KY-Moms%20MAT/.

